

Athlete Resume

123 Main Street ♦ City, ST zip ♦ email@email.com ♦ (cell) pho-ne##

EDUCATION

University of Northern Iowa, Cedar Falls

Bachelor of Arts in Movement & Exercise Science, May 20XX

- Emphasis in Sports Exercise Psychology
- Scholar-Athlete: UNI Football
- 3.2/4.0 cumulative GPA

EXPERIENCE

University of Northern Iowa Football Team, Cedar Falls, IA

Team Captain/Starting Fullback

Aug. 20XX – Jan. 20XX

- Collaborated with coaching staff to manage practices and mentor younger scholar-athletes
- Managed over 25+ hours per week of practice/games and maintained academic success
- Guided team to success through communication and discipline in preparation
- Represented university in volunteer efforts and fundraising, interacting with community and alumni
- Responded to the challenges of competing against 12 teams per year at the division I level
- Traveled across the United States and identified regional preferences and environments
- Led an effort to volunteer at local schools bringing thirteen athletes from four sports together
- Served as liaison with university administration to enhance athlete training through workshops
- Advised and tutored students in study table sessions

Team & Individual Honors

- Selected as Academic All American for the Missouri Valley Conference
- Earned three playoff berths, played in 20XX National Championship Game
- Chosen by teammates as captain of the team for the 20XX season
- First team MVC Athletic honors for 20XX, 20XX

Best Buy, Ankeny, IA

Sales Associate

Summers 20XX, 20XX

- Commissioned based sales job selling over \$25k in computers and supplies per week
- Emphasized a strategic approach to sales by learning about the customer and matching to product
- Mentored by sales professionals to develop a targeted approach to consumers

LEADERSHIP TRAINING

Leadership Student Association – UNI, Cedar Falls, IA

Vice President

January 20XX – present

- Respond to financial shortfalls by seeking alternative sources such as sponsorships and paid events
- Collaborate with university administration to secure funds and promoted internationalism to campus
- Promote leadership programming to freshmen and sophomores through Cornerstone classes

Orientation Officer

August 20XX – May 20XX

- Mentored new student arriving from around the world to assist with transition to UNI
- Volunteered to take this position to give back to campus and students

Center for Multicultural Education – UNI, Cedar Falls, IA

Volunteer

August 20XX – May 20XX

- Served in partnership with campus officials to provide a welcoming environment for new students
- Volunteered to help at the request of the CME